

Dealing With Detours

It's normal to regress from time to time on the road to potty training success. Even the best laid plans have little set backs.

Once learned, doesn't always stay learned. It's all perfectly normal. Just when it feels like the end will never get here, it does.



Turn this card over for ideas to help get your child back on track:



Dealing With Detours

1. If you've gone off course, get back into your consistent routine to create an expected environment for learning.
2. Try a new reward. Sometimes a detour can mean progress has been made and a new goal and reward can be set.
3. Make time for potty breaks even when your child is caught up in playtime. Mastering the potty routine will lead to the fun and reward of becoming a Big Kid[®].
4. Turn up the praise instead of reprimanding and causing a power struggle. Sometimes a little extra positive attention is all that's required to motivate past a detour.

