

# Wash Your Hands!

Follow these 5 easy steps after using the potty to help keep germs away!



**STEP 1**  
**WET**

Start fresh by using clean, running water. Be sure to turn off the tap when you're finished!



**STEP 2**  
**SOAP**

Apply soap to your hands and rub them together! Don't forget the backs of your hands, between your fingers.



**STEP 3**  
**SCRUB**

Do it for at least 20 seconds. Try singing a simple song like "Happy Birthday" while you scrub!



**STEP 4**  
**RINSE**

Use clean, running water... just like step one!



**STEP 5**  
**DRY**

Finish strong by using a clean towel or an air dryer, and say bye bye to germs!



Ready for a whole new way to train? Start your Potty Partnership! Visit [Pull-Ups.com](https://www.pull-ups.com) to discover the best plan for your big kid.